

Cumberland County Food Pantries


Town	Pantry Name	Phone #	Location	Hours of Operation	How often you can go	Open to Residents of:	What to bring:
Baldwin	First Congregational Church of E. Baldwin Food Pantry	625-2360	26 School Street	Tuesday 9:30-10:30am	Once a week	Open to anyone	No documentation required
Bridgton	Bridgton United Methodist Food Pantry	318-4467	214 Main St	Tuesday 11:00am-1:00pm (contact if later time is needed)	Once a week	Bridgton	Proof of residence
	St. Joseph's Food Pantry	647-2334	225 So. High St	4th Tuesday 11:00am-1:00pm	Once a month	The Greater Bridgton Area	Proof of residence
Brunswick	Mid-Coast Hunger Prevention Program	725-2716	12 Tenney Way	Monday, Wednesday, and Friday 11:00am-12:00pm, Saturday 11:00am-2:00pm	Once every 2 weeks	Brunswick, Topsham, Harpswell, Bowdoin, Bowdoinham, Lisbon, Lisbon Falls, Durham	No documentation required
Cape Elizabeth	Judy's Pantry	767-1031	280 Ocean House Rd	Tuesday 3:00-5:00pm-- Jan-June: 2nd and 4th Tues, Jul-Nov: every week, Dec: varies, check w church	Once a week	Cape Elizabeth	No documentation required
Casco	Casco Alliance Church Food Pantry	344-5370	450 Roosevelt Trl	1st Tuesday and 3rd Monday 6:00-7:00pm	Once a month	Open to anyone	No documentation required
	Casco Village Church Food Pantry	627-4282	941 Meadow Rd	4th Thursday of the month, Jan-June & Aug-Oct: 3:00-5:00pm, July: 2-4pm, Nov-Dec: Call the church office	Once a month	Casco	No documentation required
Chebeague	Chebeague Island Food Pantry	846-4106	255 North Rd	By appointment	As needed	Chebeague Island	No documentation required
Cumberland	Community Food Pantry	829-2205	290 Tuttle Rd, back of building	1st, 2nd, and 4th Fridays 3:00-6:00pm	As needed	Cumberland, North Yarmouth, New Gloucester, Pownal	Photo ID and proof of residence
Falmouth	Falmouth Food Pantry	632-2687	271 Falmouth Rd	1st and 3rd Monday 9:00-11:00am- 2nd, 3rd, and 4th Tuesday 9:30-11:30am- 2nd, 3rd, and 4th Thursday 4:30-6:30pm	Twice a month	Falmouth, Cumberland, Yarmouth, Westbrook, Portland	Proof of residence
Freeport	Freeport Community Services Food Pantry	865-3985	53 Depot St	Monday-Thursday 10:00am-4:00pm	Outer room: Twice a week Inner Room: Once a week	Freeport, Pownal	Photo ID and proof of residence
Harrison	Harrison Food Bank	415-5811	176 Waterford Rd	Tuesday 6:00-7:30pm	Once a week	Harrison, Waterford	Proof of residence
Gorham	Gorham Food Pantry	222-4351	299B Main St	Thursday 9:00-11:00am, 2nd and 4th Wednesday 6:00-7:00pm	Once a month	Gorham	Proof of residence (not a license)
Gray	Bread of Life Food Pantry	657-1121	14 Lewiston Rd	Sunday 1:00-2:30pm	Once a week	Gray and surrounding towns	No documentation required
	Gray Community Food Pantry	657-4279	5 Brown St.	1st and 3rd Friday 2:00-4:30pm	Twice a month	Open to anyone	ID required
Naples	Community Resource Council Food Pantry	595-2754	1000 Roosevelt Trl	Tuesday 10:00-11:30am	Once a week	Naples	ID required, Proof of residence
	The Crosswalk Food Basket	615-3226	15 Village Green Ln	Every other Monday 1:00-3:00pm	Twice a month	Naples, Bridgton, Casco, Harrison, Sebago	Proof of residence
New Gloucester	New Gloucester Food Pantry	926-3260	19 Gloucester Hill Rd	2nd and 4th Saturday 8:00-9:30am	Twice a month	New Gloucester	Proof of residence
Peaks	Peaks Island Community Food Pantry	332-2443	19 Church Ave	Monday 3:30-5:00pm	As needed	Peaks Island	No documentation required
Portland	First Baptist Food Pantry	773-3123	360 Canco Rd	Wednesday 11:30am-12:30pm	Once a week	Open to anyone	No documentation required
	Michael Klahr Jewish Family Services	772-1959	1342 Congress Street	Tuesday and Thursday 9:30am-3:00pm By appointment only	Once a month	Portland, Greater Portland	Photo ID
	Preble Street	775-0026	252 Oxford St	Thursday 1:30-3:00pm	Once a week	Open to anyone	No documentation required
	Project FEED	761-3920	202 Woodford St	Monday-Friday 1:00-3:00pm	Once every 2 months	Portland, South Portland, Scarborough, Westbrook, Falmouth	Referral from social service agency
	Root Cellar	774-3197	94 Washington Ave	Monday-Friday 9:00am-5:00pm	Emergency only	Portland East End	Proof of residence



**Preble Street
Maine Hunger Initiative**
775-0026 •
www.preblestreet.org

**For other help call 2-11
211maine.org**

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Portland (cont)	Sacred Heart/St. Dominic Food Pantry	929-3088	Corner of Sherman & Mellen Streets	Tuesday Open at 8:30am, Distribution 10:00-11:30am	Once a week	Parkside	No documentation required	
	Sagamore Food Pantry	221-8072	21 Popham St	Tuesday 10:00-11:00am	Once a week	Open to anyone	No documentation required	
	Salvation Army Food Pantry	774-6304	297 Cumberland Ave	Monday, Wednesday, and Friday 1:00-2:30pm	Once a month	Cape Elizabeth, South Portland, Cumberland, Falmouth, Portland, Scarborough, Westbrook	No documentation required	
	St. Luke's Food Pantry	772-5434	134 Park St	Thursday 9:30-11:00am	Once a month	Open to anyone	Photo ID, Proof of Residence	
	Stroudwater Christian Church Food Pantry	772-2193	1520 Westbrook St	Sunday 1:00-3:00pm	Once every two weeks	Open to anyone	No documentation required	
	Wayside Mobile Food Pantry at Harbor Terrace	775-4939	284 Danforth St	3rd Friday 1:00-2:00pm	Once a month	Harbor Terrace and West End	No documentation required	
	Wayside Mobile Food Pantry at South Portland	775-4939	584 Westbrook St	4th Wednesday 2:00-3:00pm	Once a month	Red Bank Neighborhood	No documentation required	
	Wayside Mobile Food Pantry at Riverton	775-4939	102-104 Riverton	3rd Wednesday 2:00-3:00pm	Once a month	Riverton	No documentation required	
	Wayside Mobile Food Pantry at Front Street	775-4939	36 West Presumpscot St	2nd Thursday 10:30-11:30am	Once a month	Neighborhood	No documentation required	
	Wayside Mobile Food Pantry at Sagamore	775-4939	21 Popham St	4th Tuesday 10:00-11:00am	Once a month	Sagamore	No documentation required	
	Williston-Immanuel United Church Food Pantry	775-2301	156 High St	Thursday -- arrive before 10:00am	Weekly	Open to anyone	No documentation required	
	White Memorial Food Pantry	797-4414	97 Allen Ave	Thursday 7:30-9:00am	Once a week	Open to anyone	Photo ID	
Pownal	North Pownal UMC Food Pantry	407-3081	851 Lawrence Rd	Wednesday 9:30-11:30am, Thursday 4:00-6:00pm	Once a week	Open to anyone	No documentation required	
Raymond	Raymond Food Pantry	232-5830	1273 Roosevelt Trl	2nd and 4th Thursdays 4:00-6:00pm	Twice a month	Raymond	No documentation required	
Scarborough	Scarborough Food Pantry	883-2342	167 Black point Rd	Tuesday and Thursday 9:00am-12:00pm	Once a month	Open to anyone	No documentation required	
Sebago	Sebago Food Pantry	787-1204 or 787-5154	183 Sebago Rd	1st, 3rd, 5th Mondays 9:00-10:30am, 2nd, 4th, Mondays 9:30-11:00am and 4th Monday afternoons 3:30-5:30pm	Weekly	Sebago	Proof of residence	
South Portland	First Congregational Church UCC Food Pantry	799-3361	301 Cottage Rd	Tuesday and Thursday 10:30am-12:00pm (Call ahead)	Once every two months	South Portland, Cape Elizabeth	ID and Proof of residence	
	South Portland Food Cupboard	874-0379	130 Thadeus St	Thursday 8:30-11:30am (Doors open at 7:30am)	Once a month	Open to anyone	No documentation required	
Standish	Catherine's Cupboard	893-7790	175 Northeast Rd	Monday 9:30-10:30am, Wednesday 5:00-6:30pm	Once a month	Standish and surrounding towns	Proof of residence	
Westbrook	Portland Westbrook Vineyard Food Pantry	854-8339	715 Bridgton Rd	Friday 6:00-7:30pm	Once a week	Greater Westbrook area	No documentation required	
	Westbrook Community Food Pantry	591-8147	426 Bridge St	Tuesday 12:00-2:00pm and 6:00-7:30pm	Twice a month	Westbrook	Proof of residence	
Windham	Windham Food Pantry	892-1931	377 Gray Rd	Monday-Thursday 8:30am-4:00pm by appointment only	Once a month	Windham	Proof of residence	
Yarmouth	Yarmouth Community Food Pantry	846-3773	116 Main St	Tuesday and Friday 10:00am-12:00pm, Wednesday 5:00-7:00pm	Once a week	Cumberland, Yarmouth, North Yarmouth, Pownal, Freeport	Proof of residence	
	Preble Street Maine Hunger Initiative 775-0026 • www.preblestreet.org	Want a SNAP Outreach Volunteer at your pantry? Contact Preble Street Maine Hunger Initiative.					For other help call 2-11	